



Can You *Hear* Me Now?

Why does Communication Matter?



Jesus gave us that example.

- His relationship with His Father

“But Jesus often withdrew to lonely places and prayed.” – Luke 5:16 (NIV)

- His relationships with disciples & friends

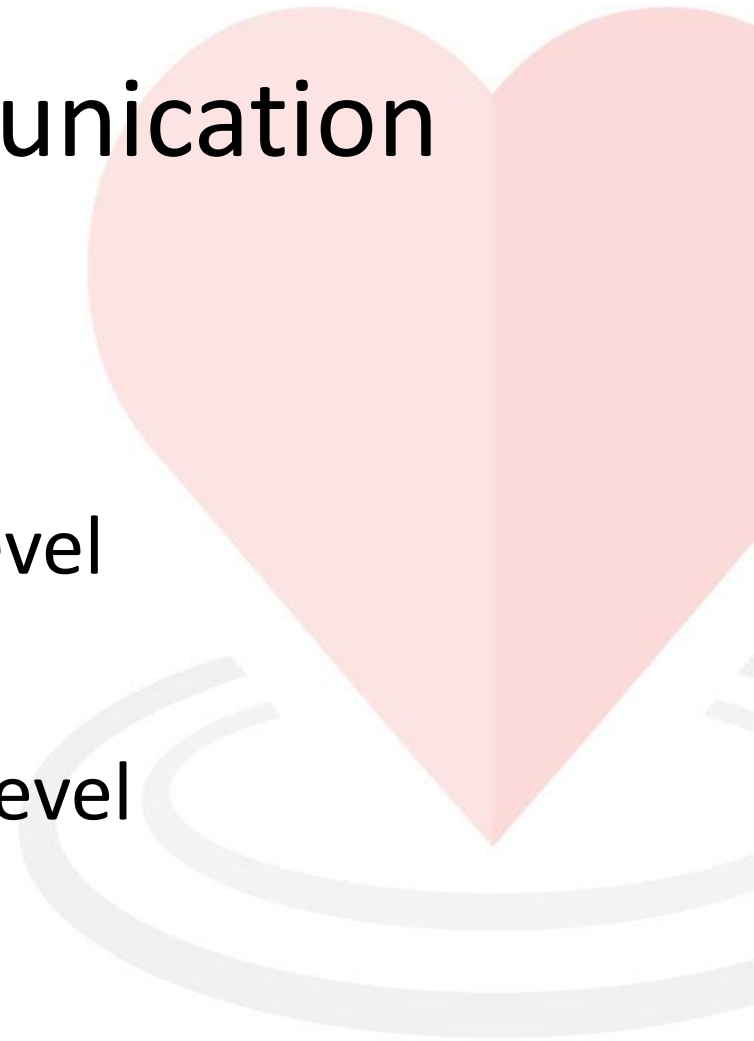
John 13:31 – 16:33

3 Levels of Communication

1.) The 'Sup Level

2.) The Journalist Level

3.) The This-Is-Me Level



3 Levels of Communication



1.) The 'Sup Level

- Most shallow Level
- Casual acquaintances & conversation

2.) The Journalist Level

3.) The This-Is-Me Level

3 Levels of Communication



1.) The 'Sup Level

2.) The Journalist Level

- Facts and opinions

- Will not bring you closer to a person

3.) The This-Is-Me Level

3 Levels of Communication



1.) The 'Sup Level

2.) The Journalist Level

3.) The This-Is-Me Level

- Safety in sharing weaknesses/feelings
- Willingness to ask for input/help
- Not every relationship goes to this,
but everyone needs this

This-Is-Me Communication



God's work of transformation,
using others for His purpose in your life
will only happen at this level of communication.

“As iron sharpens iron, so one person
sharpens another.” – Proverbs 27:17 (NIV)

This-Is-Me Communication



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“A person standing alone can be attacked and defeated, but two can stand back-to-back and conquer. Three are even better, for a triple-braided cord is not easily broken.” – Ecclesiastes 4:12 (NLT)

This-Is-Me Communication



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“...with many counselors...” – Proverbs 11:14

“...with many advisers...” – Proverbs 15:22

“...with many counselors...” – Proverbs 24:6

This-Is-Me Communication



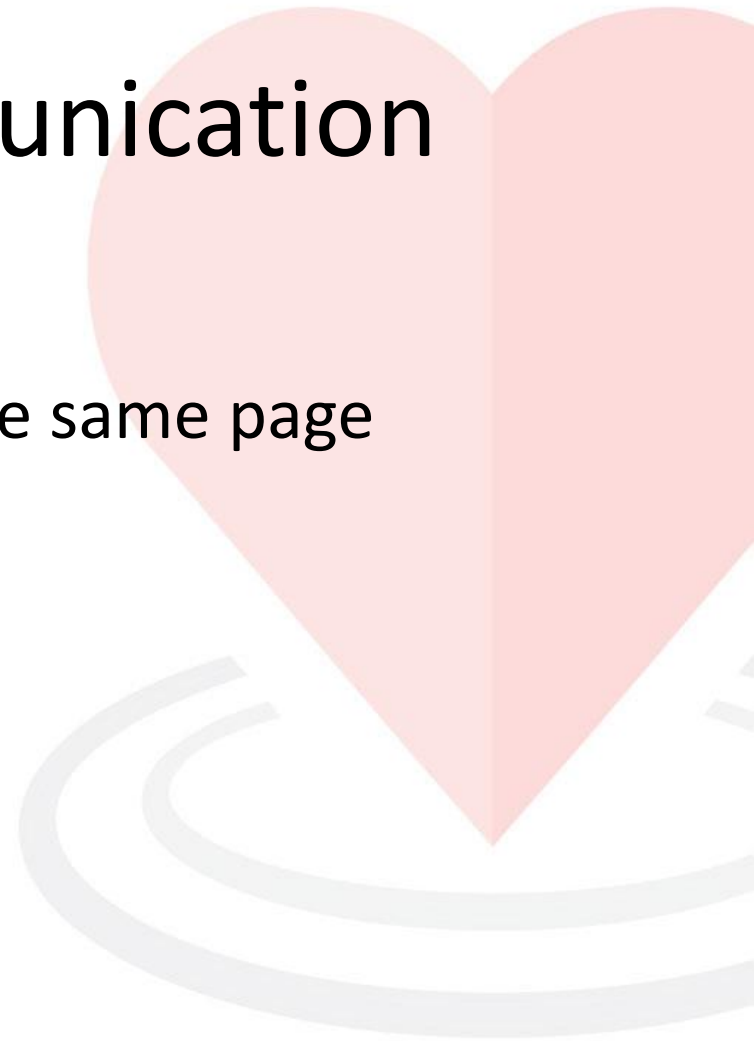
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“But the fruit of the Spirit is love, joy, peace,
patience, kindness, goodness, faithfulness,
gentleness, and self-control.” – Galatians 5:22-23

This-Is-Me Communication

Pitfalls to Communication

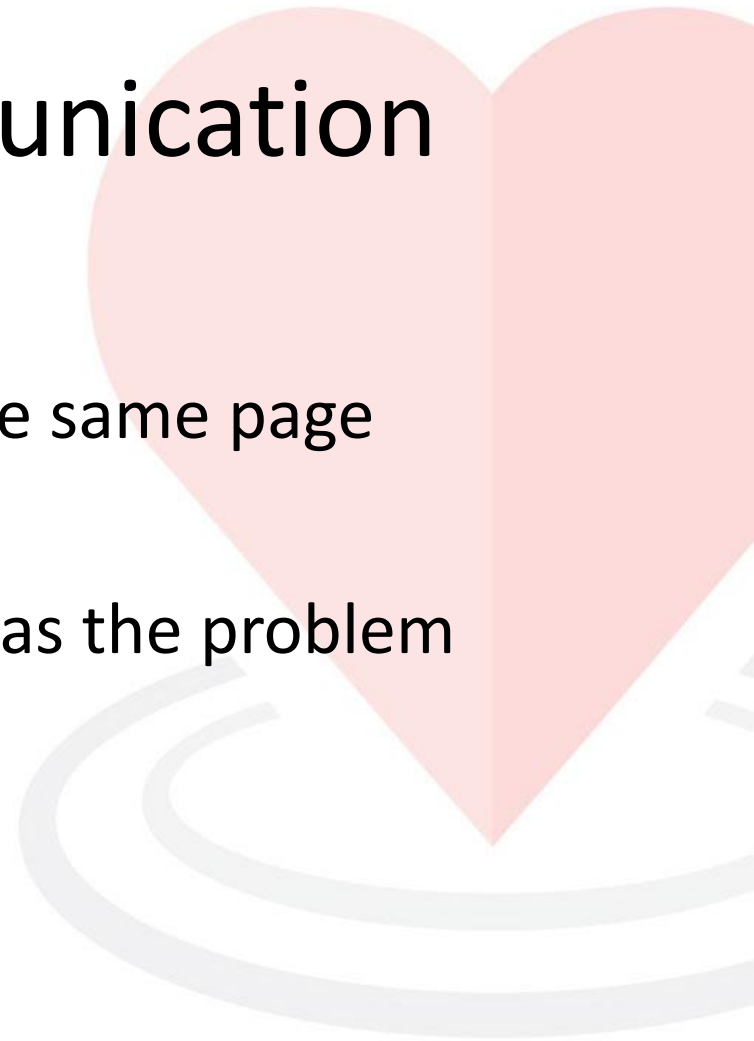
- 1.) Assuming you both are on the same page



This-Is-Me Communication

Pitfalls to Communication

- 1.) Assuming you both are on the same page
- 2.) Assuming the other person has the problem



This-Is-Me Communication



Pitfalls to Communication

- 1.) Assuming you both are on the same page
- 2.) Assuming the other person has the problem
- 3.) Unwillingness to listen... because it is true

This-Is-Me Communication



Pitfalls to Communication

- 1.) Assuming you both are on the same page
- 2.) Assuming the other person has the problem
- 3.) Unwillingness to listen... because it is true

These may not be sinful,
but there are sins that infect our communication.

This-Is-Me Communication

Sins that Infect Communication

“Now the works of the flesh are obvious: sexual immorality, moral impurity, promiscuity, idolatry, sorcery, hatreds, strife, jealousy, outbursts of anger, selfish ambitions, dissensions, factions, envy, drunkenness, carousing, and anything similar.”
– Galatians 5:19-21 (CSB)

This-Is-Me Communication



Sins that Infect Communication

“Now the works of the flesh ... strife, jealousy, outbursts of anger, selfish ambitions, dissensions, factions, envy...” – Galatians 5:19-21 (CSB)

The common thread?
They all feed **discord** and **division**.

This-Is-Me Communication



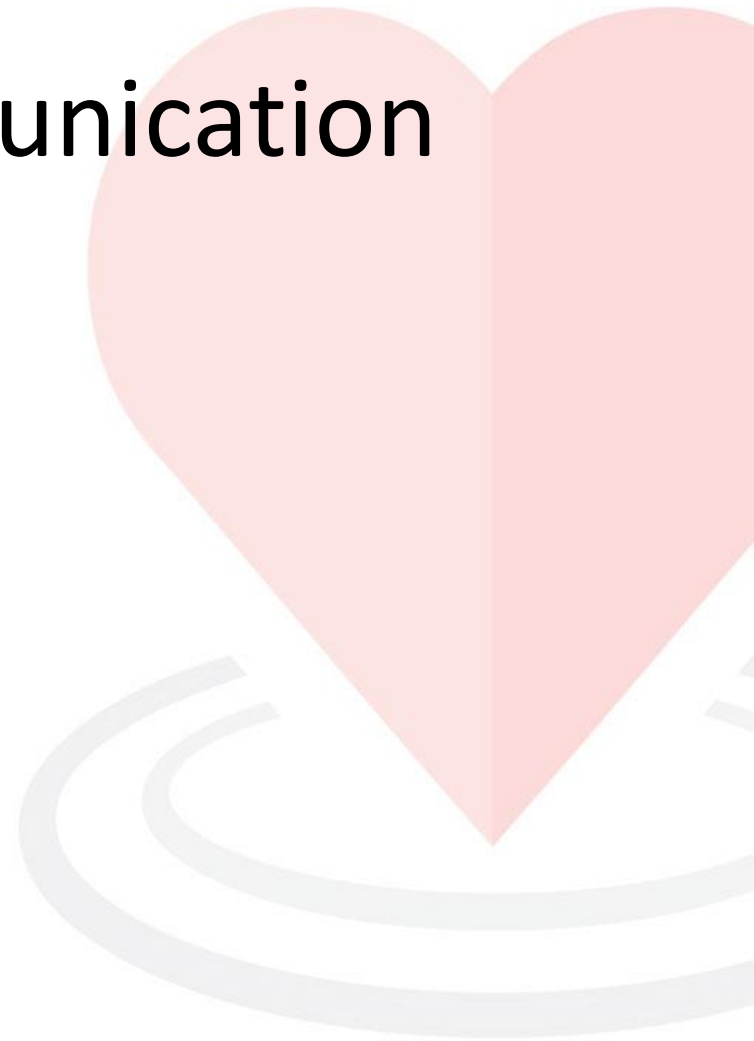
Sins that Infect Communication

“If you claim to be religious
but don't control your tongue,
you are fooling yourself,
and your religion is worthless.” – James 1:26 (NLT)

Do your words render your worship worthless?

This-Is-Me Communication

Fruitful Communication



This-Is-Me Communication



Fruitful Communication – What infuses your words?

“Let your speech always be gracious, seasoned with salt, so that you may know how you should answer each person.” – Colossians 4:6

This-Is-Me Communication



Fruitful Communication – What infuses your words?

1.) Warmth?

“Therefore **welcome** one another as Christ has **welcomed** you, for the glory of God.” – Romans 15:5 (ESV)

“Therefore **accept** one another as Christ has **accepted** you, for the glory of God.” – Romans 15:5 (CSB)

This-Is-Me Communication



Fruitful Communication – What infuses your words?

2.) Genuineness and Authenticity?

“I am not saying this as a command. Rather, by means of the diligence of others, I am testing the genuineness of your love.” – 2 Corinthians 8:8 (CSB)

“Let love be without hypocrisy.” – Romans 12:9 (CSB)

This-Is-Me Communication



Fruitful Communication – What infuses your words?

3.) Empathy?

“Rejoice with those who rejoice; weep with those who weep.”

– Romans 12:15

“Finally, all of you be like-minded and sympathetic, love one another, and be compassionate and humble.” – 1 Peter 3:8

“Carry each other’s burdens, and in this way you will fulfill the law of Christ.” – Galatians 6:2

This-Is-Me Communication



Fruitful Communication – What infuses your words?

4.) Helpfulness?

“Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen.” – Ephesians 4:29 (NIV)

This-Is-Me Communication



Fruitful Communication – What infuses your words?

5.) Careful Consideration?

“My dear brothers and sisters, understand this:

Everyone should be quick to listen, slow to speak,
and slow to anger, for human anger does not
accomplish God’s righteousness.” – James 1:19-20

“The one who gives an answer before he listens – this is
foolishness and disgrace for him.” – Proverbs 18:13

This-Is-Me Communication



Fruitful Communication – What infuses your words?

6.) Intention?

“Let us think of ways to motivate one another to acts of love and good works. And let us not neglect our meeting together, as some people do, but encourage one another, especially now that the day of His return is drawing near.” –

Hebrews 10:24-25 (NLT)

Deep Love - Communication



“May the words of my mouth and the meditation of my heart
be pleasing to you, O LORD, my rock and my redeemer”
– Psalm 19:14

“Finally brothers and sisters, whatever is true, whatever is
honorable, whatever is just, whatever is pure, whatever is
lovely, whatever is commendable - if there is any moral
excellence and if there is anything praiseworthy
- dwell on these things.” – Philippians 4:8



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